

30th CNMI

Portuguese Congress of Internal Medicine

9th Iberian Congress of Internal Medicine

Algarve Congress Center, Vilamoura

23 – 26 May 2024

PROGRAM

INSIDE MEDICINE

COMISSIONS

ORGANIZING COMMITTEE:

Internal Medicine
Department - Local
Health Unit
of Trás-os-Montes
and Alto Douro

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Sofia Duque

Susana Neves Marques

Vitória Cunha

PROGRAM

THURSDAY | 23 DE MAY

14H00 — 15H00 Oral Presentations / Posters

15H00 — 16H00 **NEPTUNO** **Inside the emergency room : how to deal with major clinical challenges**

MODERATORS: Maria da Luz Brazão / A. Martins Baptista

Cardiological emergencies | Betânia Ferreira

Respiratory emergencies | Eloisa Silva

Allergic reaction emergencies | Raquel Calisto

16H00 — 16H30 **COFFEE BREAK**

16H30 — 17H00 **FÉNIX** **Termination of Life on Request: How to Proceed with the Portuguese Law “Medically Assisted Death”**

MODERATOR: Rui Carneiro

SPEAKER: António H. Carneiro

NEPTUNO **Protection beyond flu : a solution for the most vulnerable populations**

MODERATOR: Sofia Duque

SPEAKERS: Carlos Robalo Cordeiro/ Bruno Almeida

Industry-sponsored
session

PÉGASO **Home telemonitoring — in chronic illness and in home hospitalization disputes**

MODERATOR: Eduardo Gonçalves

SPEAKERS: Catarina Durão

Industry-sponsored
session

17H00 — 18H00

FÉNIX Opening Ceremony

17H00 — 18H00

PÉGASO Young Internist Afternoon

Local Health Units: the role of Internal Medicine in coordinating and managing integrated care

MODERATOR: João Porto

SPEAKERS: Alexandre Lourenço, Vasco Barreto

18H00 — 18H45

Opening Conference

FÉNIX National health department:
current and future perspectives

SPEAKER: Maria de Belém Roseira [Former Minister of Health]



08H00 — 09H00 Oral Presentations / Posters

09H00 — 09H30 **GEMINI I** Expert Clinical Case
Stroke (ULS Tâmega e Sousa)

MODERATOR: Jorge Almeida

SPEAKER: Helena Vilaça

GEMINI II Expert Clinical Case
Autoimmune diseases (ULS Trás-os-Montes e Alto Douro)

MODERATOR: Carla Noronha

SPEAKER: Joana Cunha

GEMINI III Expert Clinical Case
Liver diseases (ULS Nordeste)

MODERATOR: Suzana Calretas

SPEAKER: Cristiana Batouxas

09H30 — 11H00 **FÉNIX** **Cardiovascular risk today**

MODERATOR: Vitória Cunha / Pereira de Moura

Target organ damage in patients with resistant
and secondary hypertension | Rodrigo Leão

Nocturnal hypertension: the hidden enemy? | Ana Tornada

Triglycerides and cardiovascular risk: what we have learned
from clinical trials | Diogo Cruz

Industry-sponsored
session

PÉGASO **Cardiometabolic health in HIV patients**

MODERATOR: Fausto Roxo / Margarida França

Increased cardiovascular risk. An inevitability?
Liliana Pedro

Non-infectious comorbidities. In respect of the steatohepatitis
Filipa Borges Santos

Prevention. PrEP, the closest thing to a vaccine? | Teresa Branco

NEPTUNO The evolution of Internal Medicine: Challenges and Opportunities

MODERATORS: Andreia Vilas Boas / Susana Neves Marques

Internal Medicine 2.0: How to train the Internist of the Future
Nuno Bernardino Vieira

Decision algorithms and clinical reasoning:
threat or complementarity? | Andreia Neves Carreira

Multidisciplinarity in Internal Medicine: the role of the internist
in leading differentiated teams | Rafaela Veríssimo

11H00 — 11H30

COFFEE BREAK

11H10 — 11H30

TERRAÇO DA EXPOSIÇÃO TÉCNICA **Book launch “100/Sem Duvidas em Sono”**

Carlos Alves

Industry-sponsored session

11H30 — 12H00

PÉGASO **Sudden Death and Rare Diseases**

MODERATOR: Luís Brito Avô

SPEAKERS: Luís Brito Avô / João de Sousa

NEPTUNO **Chronic thromboembolic disease: challenges in diagnosis and treatment**

MODERATOR: José Meireles

SPEAKER: Inês Furtado

FÉNIX **News in Guidelines Chronic Kidney Disease: Guidelines KDIGO 2023**

MODERATOR: Luís Andrade

SPEAKER: Paul E. Stevens [Chair KDIGO CKD guidelines, East Kent]

Industry-sponsored session

12H00 — 13H00

FÉNIX **Symposium Step into the world of finerenone to change the cardiorenal prognosis of T2D patients**

PALESTRANTE: Francisco Araújo, Joana Louro, Susana Heitor,
Joana Pimenta, Rodrigo Leão

Industry-sponsored session

13H00 — 14H30

Lunch Break

14H30 — 16H00

PÉGASO Autoimmune diseases: from pathophysiology to therapeutic challenges

MODERATORS: António Marinho / Elisabete Pinelo

Sepsis and Autoimmunity: analogies and differences | João Serôdio

Glucocorticoids: new strategies | Catarina Favas

Lupus nephritis: from guidelines to therapeutic optimization

Raquel Faria

FÉNIX Heart Failure in 2024: the era of preserved EF

MODERATORS: Pedro Morais Sarmiento / Juana Carretero

HF: the Portuguese reality | Joana Pimenta

Treatment of HFpEF: mechanisms of action and therapeutic targets

João Pedro Ferreira

Cardiac amyloidosis: treatment perspectives | Dulce Brito

NEPTUNO POCUS in internal medicine: from practice to competency

MODERATOR: Eduardo Pereira / Pavel Sanchez

Ultrasound in the critical patient | Rafael Silva

Ultrasound in the outpatient approach | José Mariz

Competency in POCUS | Yale Tung Cheng

16H00 — 16H30

FÉNIX Masterclass

Health at Glance 2023 (OECD): Access to emergency department in Portugal

MODERATOR: Pedro Cunha

SPEAKER: Frederico Guanais [Deputy Director of the OECD Health Division]

16H30 — 17H00

COFFEE BREAK

17H00 — 17H30

PÉGASO TTPa as a medical emergency: diagnosis and treatment in modern medicine

MODERATOR: José Carda

SPEAKER: João Faustino

Industry-sponsored session

**NEPTUNO Severe chronic illness and pregnancy:
how to manage it**

MODERATOR: Pedro Correia Azevedo

SPEAKER: Inês Palma Reis

**FÉNIX News in Guidelines
High-Flow Oxygen Therapy:
ERS Guidelines 2022**

Industry-sponsored
session

MODERATOR: João Sá

SPEAKER: Raffaele Scala [S. Donato Hospital, Milan]

17H30 — 18H30

Oral presentations / Posters

18H30 — 19H00

**TERRAÇO – WATERFRONT Afternoon talks
Culture and Medicine**

MODERATOR: João Araújo Correia

SPEAKER: Tiago Nogueira [Thoracic Surgeon and musician in the band
“Os Quatro e Meia”]

19H00

Meeting of the College of Internal Medicine

08H00 — 09H00 Oral presentations / Posters

09H00 — 10H30

**FÉNIX Diabetes and obesity:
Asymmetries, current situation and advances**

Industry-sponsored
session

MODERATORS: Mônica Reis / Isabel Fonseca

Asymmetries: The Spectrum of Disease(s) | Rúben Reis

Current treatment | Elisa Tomé

Advances in therapy | Bruno Almeida

PÉGASO Update on airway diseases

MODERATORS: Pedro Leuschner/ José Miguel Maia

Asthma | Isabel Neves

COPD | Nuno Cortesão

Bronchiectasis | Adelina Amorim

**NEPTUNO Challenges and solutions
in geriatrics: from the emergency
department to the outpatient clinic**

MODERATORS: Sofia Duque / Manuel Teixeira Veríssimo

Common geriatric syndromes in the emergency department
Marília Fernandes

Basic principles of orthogeriatric units | Mariana Alves

Post-discharge referral of elderly patients | Ana Sofia Pessoa

10H30 — 11H00

**FÉNIX Masterclass
Reducing the risks of nuclear war:
The role of health professionals**

MODERATOR: Carlos Dias

SPEAKER: Kamran Abbasi [MD, Editor-in-Chief, BMJ, London]

11H00 — 11H30

COFFEE BREAK

11H30 — 12H00

NEPTUNO Precision Medicine vs. Evidence Based Medicine

MODERATOR: Carlos Carneiro

SPEAKER: José Delgado Alves

PÉGASO Nutritional risk at hospital wards: how to recognize and guide

MODERATOR: Aníbal Marinho

SPEAKER: Ricardo Marinho

**FÉNIX News in Guidelines
Acute-on-chronic liver failure:
EASL Guidelines 2023**

MODERATOR: Armando Carvalho

SPEAKER: Rajiv Jalan [Royal Free Hospital/ UCL, London]

12H00 — 13H00

FÉNIX Symposium

Back to the Patient in 60 minutes

Industry-sponsored
session

The integrated approach to patient care in Internal Medicine
— from prevention to treatment

MODERATOR: Fernanda Freitas (Journalist)

SPEAKER: José Meireles, Joana Louro e Joana Pimenta.

13H00 — 14H30

LUNCH BREAK

14H30 — 16H00

NEPTUNO Hard topics in liver disease

MODERATOR: Arsénio Santos / Abílio Gonçalves

Coagulopathy in patients with liver cirrhosis: dispelling myths
and updating concepts | Filipe Nery

Refractory ascites: new paradigms in its approach | Inês Pinho

Hepatitis E: a diagnosis of increasing importance | Rita Jorge

FÉNIX Cerebral vascular disease: New evidence, new paradigms

MODERATOR: Luísa Fonseca / Ana Gomes

PFO: when and how to test , best therapeutic strategy
Marisa Mariano

What's new in acute phase treatment: Thrombolysis
and Thrombectomy | Mariana Pintalhão

Anticoagulation beyond AF | Teresa Mesquita

PÉGASO Challenges and dilemmas at the end of life

MODERATORS: Céu Rocha / Anabela Morais

Hydration and nutrition at the end of life | José Luis Pereira

Appropriate therapies and routes of drug administration
Inês Costa

End-of-life care project - Experience in a university hospital
Sara Vieira Silva

16H00 — 16H45

NEPTUNO EIMI - candidate projects for the SPMI 2024 Research Grant

MODERATORS: Inês Chora / Nuno Bernardino Vieira / Vasco Barreto

PÉGASO Revista Medicina Interna: What an editor wants to see published

MODERATOR: Rui Tato Marinho

SPEAKER: José Mariz; Helena Donato

FÉNIX Integrated responsibility centers (IRCs) in internal medicine: Debate for and against

MODERATOR: Faustino Ferreira

FOR: Luisa Guimarães

AGAINST: António Oliveira e Silva

16H45 — 17H15

COFFEE BREAK

17H15 — 17H45

NEPTUNO TADE: Intravenous home antimicrobial therapy

MODERATOR: Olga Gonçalves

SPEAKER: Marta Monteiro

FÉNIX **News in Guidelines**

Treatment of Systemic Lupus Erythematosus: EULAR Guidelines 2023

MODERATOR: Carlos Vasconcelos

SPEAKER: Dimitrios T Boumpas [Chair EULAR SLE guidelines, Athens]

17H45 — 18H45 Oral presentations / Posters

18H45 — 19H15

TERRAÇO – WATERFRONT **Afternoon talks**
Four presidents and one internist

MODERATOR: Jorge Crespo

SPEAKER: Daniel Matos [Internist, the doctor of 4 presidents
of the Portuguese Republic]

19H15

Study Group Meetings

SUNDAY | 26 DE MAY

08H30 — 09H30

PÉGASO SPMI General Assembly

09H30 — 10H30

FÉNIX Presentation of selected papers

10H30 — 11H00

FÉNIX Closing Conference

Climate change, health and the responsibility of doctors

MODERATOR: Lèlita Santos

SPEAKER: Luís Campos [President of the Portuguese Council for Health and the Environment]

11H00 — 11H30

COFFEE BREAK

11H30 — 12H15

FÉNIX Closing Session and Awards Ceremony



The 30° Congresso Nacional de Medicina Interna, Centro de Congressos do Algarve, Portugal 23/05/2024 - 26/05/2024 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 13.013.0 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.” “Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at <https://edhub.ama-assn.org/pages/applications>