

30th CNMI

Portuguese Congress of Internal Medicine

9th Iberian Congress of Internal Medicine

Algarve Congress Center, Vilamoura

23 – 26 May 2024

PROGRAM

INSIDE MEDICINE

COMISSIONS

ORGANIZING COMMITTEE:

Internal Medicine
Department - Local
Health Unit
of Trás-os-Montes
and Alto Douro

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Coordinators
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Study Groups

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Aníbal Marinho

António Carneiro

Conceição Pires

Faustino Ferreira

Fausto Roxo

Francisca Delerue

Inês Palma Reis

Joana Pimenta

José Alves

José Mariz

Luísa Fonseca

Luísa Pereira

Maria da Luz Brazão

Melanie Ferreira

Mônica Reis

Paulo Carrola

Pedro Leuschner

Sofia Duque

Susana Neves Marques

Vitória Cunha

PROGRAM

THURSDAY | 23 DE MAY

14H00 — 15H00 Oral Presentations / Posters

15H00 — 16H00 **Inside the emergency room : how to deal with major clinical challenges**

MODERATORS: Maria da Luz Brazão / A. Martins Baptista

Cardiological emergencies | Betânia Ferreira

Respiratory emergencies | Eloisa Silva

Allergic reaction emergencies | Raquel Calisto

16H00 — 16H30 COFFEE BREAK

16H30 — 17H00 **Termination of Life on Request: How to Proceed with the Portuguese Law “Medically Assisted Death”**

MODERATOR: Rui Carneiro

SPEAKER: António H. Carneiro

Protection beyond flu : a solution for the most vulnerable populations

MODERATOR: Sofia Duque

SPEAKERS: Carlos Robalo Cordeiro/ Bruno Almeida

Telemonitoring in chronic disease

17H00 — 18H00 **Opening Ceremony**

18H00 — 18H45 **Opening Conference**

National health department: current and future perspectives

SPEAKER: Maria de Belém Roseira [Former Minister of Health]

08H00 — 09H00 Oral Presentations / Posters

09H00 — 09H30 Expert Clinical Case
Stroke (ULS Tâmega e Sousa)

MODERATOR: Jorge Almeida

SPEAKER: Helena Vilaça

Expert Clinical Case
Autoimmune diseases (ULS Trás-os-Montes e Alto Douro)

MODERATOR: Carla Noronha

SPEAKER: Joana Cunha

Expert Clinical Case
Liver diseases (ULS Nordeste)

MODERATOR: Suzana Calretas

SPEAKER: Cristiana Batouxas

09H30 — 11H00 **Cardiovascular risk today**

MODERATOR: Vitória Cunha / Pereira de Moura

Target organ damage in patients with resistant and secondary hypertension | Rodrigo Leão

Nocturnal hypertension: the hidden enemy? | Ana Tornada

Triglycerides and cardiovascular risk: what we have learned from clinical trials | Diogo Cruz

Cardiometabolic health in HIV patients

MODERATOR: Fausto Roxo / Margarida França

Increased cardiovascular risk. An inevitability?
Liliana Pedro

Non-infectious comorbidities. In respect of the steatohepatitis
Filipa Borges Santos

Prevention. PrEP, the closest thing to a vaccine? | Teresa Branco

The evolution of Internal Medicine: Challenges and Opportunities

MODERATORS: Andreia Vilas Boas / Susana Neves Marques

Internal Medicine 2.0: How to train the Internist of the Future
Nuno Bernardino Vieira

Decision algorithms and clinical reasoning:
threat or complementarity? | Jorge Meneses

Multidisciplinary in Internal Medicine: the role of the internist
in leading differentiated teams | Rafaela Veríssimo

11H00 — 11H30

COFFEE BREAK

11H30 — 12H00

Sudden Death and Rare Diseases

MODERATOR: Luís Brito Avô

SPEAKERS: Luís Brito Avô / João de Sousa

Chronic thromboembolic disease: challenges in diagnosis and treatment

MODERATOR: José Meireles

SPEAKER: Inês Furtado

News in Guidelines

Chronic Kidney Disease: Guidelines KDIGO 2023

MODERATOR: Luís Andrade

SPEAKER: Paul E. Stevens [Chair KDIGO CKD guidelines, East Kent]

12H00 — 13H00

Industry Sponsored Symposium

13H00 — 14H30

LUNCH BREAK

14H30 — 16H00

Autoimmune diseases: from pathophysiology to therapeutic challenges

MODERATORS: António Marinho / Elisabete Pinelo

Sepsis and Autoimmunity: analogies and differences | João Serôdio

Glucocorticoids: new strategies | Catarina Favas

Lupus nephritis: from guidelines to therapeutic optimization

Raquel Faria

Heart Failure in 2024: the era of preserved EF

MODERATORS: Pedro Morais Sarmiento / José Carlos Arévalo

HF: the Portuguese reality | Joana Pimenta

Treatment of HFpEF: mechanisms of action and therapeutic targets

João Pedro Ferreira

Cardiac amyloidosis: treatment perspectives | Dulce Brito

POCUS in internal medicine: from practice to competency

MODERATOR: Eduardo Pereira / Pavel Sanchez

Ultrasound in the critical patient | Rafael Silva

Ultrasound in the outpatient approach | José Mariz

Competency in POCUS | Yale Tung Cheng

16H00 — 16H30

Masterclass

Health at Glance 2023 (OECD): Access to emergency department in Portugal

MODERATOR: Pedro Cunha

SPEAKER: Frederico Guanais [Deputy Director of the OECD Health Division]

16H30 — 17H00

COFFEE BREAK

17H00 — 17H30

TTPa as a medical emergency: diagnosis and treatment in modern medicine

MODERATOR: José Carda

SPEAKER: João Faustino

Severe chronic illness and pregnancy: how to manage it

MODERATOR: Pedro Correia Azevedo

SPEAKER: Inês Palma Reis

News in Guidelines

High-Flow Oxygen Therapy: ERS Guidelines 2022

MODERATOR: João Sá

SPEAKER: Raffaele Scala [S. Donato Hospital, Milan]

17H30 — 18H30 Oral presentations / Posters

18H30 — 19H00 **Afternoon talks**

Culture and Medicine

MODERATOR: João Araújo Correia

SPEAKER: Tiago Nogueira [Thoracic Surgeon and musician in the band
“Os Quatro e Meia”]

19H00

Meeting of the College of Internal Medicine

08H00 — 09H00 Oral presentations / Posters

09H00 — 10H30 **Diabetes and obesity: Asymmetries, current situation and advances**

MODERATORS: Mônica Reis / Isabel Fonseca

Asymmetries: The Spectrum of Disease(s) | Rúben Reis

Current treatment | Elisa Tomé

Advances in therapy | Bruno Almeida

Update on airway diseases

MODERATORS: Pedro Leuschner/ José Miguel Maia

Asthma | Isabel Neves

COPD | Nuno Cortesão

Bronchiectasis | Adelina Amorim

Challenges and solutions in geriatrics: from the emergency department to the outpatient clinic

MODERATORS: Sofia Duque / Manuel Teixeira Veríssimo

Common geriatric syndromes in the emergency department
Marília Fernandes

Basic principles of orthogeriatric units | Mariana Alves

Post-discharge referral of elderly patients | Ana Sofia Pessoa

10H30 — 11H00

Masterclass

**Reducing the risks of nuclear war:
The role of health professionals**

MODERATOR: Carlos Dias

SPEAKER: Kamran Abbasi [MD, Editor-in-Chief, BMJ, London]

11H00 — 11H30

COFFEE BREAK

11H30 — 12H00

Precision Medicine vs. Evidence Based Medicine

MODERATOR: Carlos Carneiro

SPEAKER: José Delgado Alves

Nutritional risk at hospital wards: how to recognize and guide

MODERATOR: Aníbal Marinho

SPEAKER: Ricardo Marinho

News in Guidelines

Acute-on-chronic liver failure: EASL Guidelines 2023

MODERATOR: Armando Carvalho

SPEAKER: Rajiv Jalan [Royal Free Hospital/ UCL, London]

12H00 — 13H00

Industry Sponsored Symposium

13H00 — 14H30

LUNCH BREAK

14H30 — 16H00

Hard topics in liver disease

MODERATOR: Arsénio Santos / Abílio Gonçalves

Coagulopathy in patients with liver cirrhosis: dispelling myths and updating concepts | Filipe Nery

Refractory ascites: new paradigms in its approach | Inês Pinho

Hepatitis E: a diagnosis of increasing importance | Rita Jorge

Cerebral vascular disease: New evidence, new paradigms

MODERATOR: Luísa Fonseca / Ana Gomes

PFO: when and how to test , best therapeutic strategy
Marisa Mariano

What's new in acute phase treatment: Thrombolysis
and Thrombectomy | Mariana Pintalhão

Anticoagulation beyond AF | Teresa Mesquita

Challenges and dilemmas at the end of life

MODERATORS: Céu Rocha / Anabela Morais

Hydration and nutrition at the end of life | José Luis Pereira

Appropriate therapies and routes of drug administration
Inês Costa

End-of-life care project - Experience in a university hospital
Sara Vieira Silva

16H00 — 16H45

EIMI - candidate projects for the SPMI 2024 Research Grant

Revista Medicina Interna: What an editor wants to see published

MODERATOR: Rui Tato Marinho

SPEAKER: José Mariz; Helena Donato

Integrated responsibility centers (IRCs) in internal medicine: Debate for and against

MODERATOR: Faustino Ferreira

FOR: Luisa Guimarães

AGAINST: António Oliveira e Silva

16H45 — 17H15

COFFEE BREAK

17H15 — 17H45

TADE: Intravenous home antimicrobial therapy

MODERATOR: Olga Gonçalves

SPEAKER: Marta Monteiro

Familial hypercholesterolemia

News in Guidelines

Treatment of Systemic Lupus Erythematosus: EULAR Guidelines 2023

MODERATOR: Carlos Vasconcelos

SPEAKER: Dimitrios T Boumpas [Chair EULAR SLE guidelines, Athens]

17H45 — 18H45 Oral presentations / Posters

18H45 — 19H15 **Afternoon talks**

Four presidents and one internist

MODERATOR: Jorge Crespo

SPEAKER: Daniel Matos [Internist, the doctor of 4 presidents of the Portuguese Republic]

19H15 **Study Group Meetings**



SUNDAY | 26 DE MAY

08H30 — 09H30 SPMI General Assembly

09H30 — 10H30 Presentation of selected papers

10H30 — 11H00 Closing Conference

Climate change, health and the responsibility of doctors

MODERATOR: Lèlita Santos

SPEAKER: Luís Campos [President of the Portuguese Council for Health and the Environment]

11H00 — 11H30 COFFEE BREAK

11H30 — 12H15 Closing Session and Awards Ceremony